

**October  
Edition**

**2024**

## YOU GOT THIS!

We hope that your Fall semester is going well so far! Remember to always make time for yourself and do something that brings you joy! A good work-life balance is key to sustainable success. Your happiness is important, so go out and do something you love today!



Remember to check the Honors Canvas Shell regularly for updates & events!

## FOLLOW US ON INSTAGRAM!

**@CSUSBHONORS**

## QUOTE OF THE MONTH

"Luck favors the prepared  
darling!"  
~ Edna Mode from  
"The Incredibles"



**Penny the Pangolin**  
UHP'S UNOFFICIAL MASCOT

**MONTHLY NEWSLETTER**

# University Honors Program



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**FRESHMEN HONORS RETREAT!**

**AUGUST  
RECAP!**



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**PAES SCHOLARS RETREAT!**

**AUGUST  
RECAP!**



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SBC HONORS  
T-SHIRT PICK UP



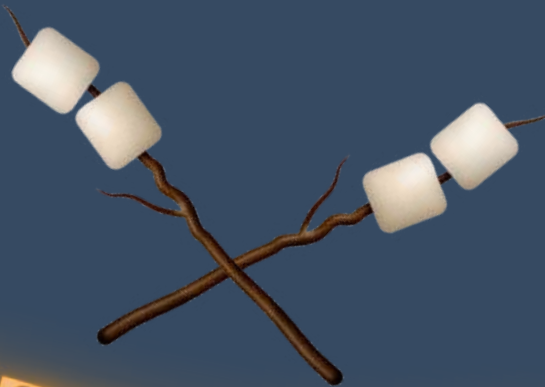
SEPTEMBER  
RECAP!



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# LLC HONORS S'MORES NIGHT



# SEPTEMBER RECAP!



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## PROFESSOR BRIANNA DEADMAN

Professor Deadman is assuming the new role of Honors Program Assistant Director at PDC! She is most excited to be expanding PDC's program and establishing more of a presence & energy on campus!

Professor Deadman's background is in English literature and her scholarship largely focuses on Adaption Theory. She has always been drawn to myth and folklore! She is currently working on a project that explores how reclaiming lost stories & forgotten deities work to empower and comfort younger generations in an age of burnout and societal pressures.



"Put yourself out there. Go to the events. Volunteer. Go to office hours. Raise your hand; share your thoughts. Ask all the questions. When people say 'networking,' this is where it starts. Get to know the campus, your classmates, and your professors and make yourself known."  
~ Professor Deadman

# FACULTY SPOTLIGHT

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## DR. LAURA WOODNEY

Dr. Laura Woodney is the Assistant Director at SBC! She is a planetary scientist who specializes in studying small icy bodies in our solar system. She has always been fascinated with space ever since she saw the first pictures the Viking landers sent back from the surface of Mars! When she stumbled into a research project studying the aurora of the giant planets in her first year of college, she felt like her fate was sealed! She went on to study comets in grad school.

She is most excited for the Honors Research Symposium and getting to see what everyone is working on!

She loves to knit and plans to knit a sweater with yarn from North Ronaldsy, Scotland in a place where the sheep only eat seaweed!

"Make sure to make time for yourself - it is too easy to burn out if you don't"  
~ Dr. Woodney

FACULTY SPOTLIGHT



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University Honors Program Presents

Palm Desert Campus

# De-Stress & Relax



Take some time for yourself during midterms and de-stress! Your lunch-hour Honors Room (IW-206) will be turned into a de-stress center with bubbles and bubble wrap, coloring sheets, movie time & more!

October 15th



IW-206



12:00-12:50pm



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# UPCOMING EVENTS

Workshop  
Alert!



University Honors Program



## IRB WORKSHOP

WITH

*Micheal Gillespie*

Come learn all that you need to know  
about submitting a research project to  
the Institutional Review Board (IRB)!



CJ - 148



October 24th, 2024  
12:00-12:45pm

## IMPORTANT!

Make sure to keep an eye out on the Honors  
Canvas Shell and Honors Instagram  
(@csusbhonors) for **additional events** being held  
in October at **PDC and SBC** that are not  
listed in this newsletter!

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**SENIOR PAES SCHOLARS  
PRESENT**

**spooky  
mixer**

**FRIDAY  
OCTOBER 25TH**

**5:00 -  
7:00PM**

**SBC HONORS SPACE**

**INVITING ALL PAES SCHOLARS !  
JOIN US FOR A NIGHT OF FUN FILLED WITH  
GAMES, ARTSY THINGS & SNACKS!  
(KEEP AN EYE ON THE PAES CANVAS FOR THE RSVP LINK)**

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**UNIVERSITY HONORS PROGRAM PRESENTS**

**Boo!**

**PALM DESERT  
HALLOWEEN MIXER**

**OCTOBER 31ST**

**JOIN US FOR A FUN TIME  
FILLED WITH SPOOKY  
CRAFTS, SNACKS & A MOVIE!**

 **12:00-12:50pm**

 **IW-206**

**Boo!**

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THE UNIVERSITY HONORS PROGRAM PRESENTS...



# HALLOWEEN *Movie Day*

**October 31st**



HONORS INCUBATOR



ALL DAY!

COME JOIN US TO BINGE WATCH  
HALLOWEEN MOVIES ALL DAY ON  
THE SPOOKIEST DAY OF THE YEAR!

## JOIN US ON OCT. 31ST



**JOIN PENNY IN A  
COSTUME CONTEST!**

**THURSDAY OCTOBER 31ST**

COSTUME CONTEST 12:00-12:45PM, BONUS CANDY HAND-OUT 11:00AM-2:00PM



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## **HAVE QUESTIONS OR CONCERNS ABOUT THE HONORS PROGRAM?**

If you ever have questions or issues that you want to get answers from Honors Program Staff, the best way to contact us is by **direct message** through Canvas OR via email: **honors@csusb.edu**! We will not always have someone available at the front desk or at the phone who will be able to answer in person.

## **VISIT THE WEBSITE!**

The University Honors Website on the CSUSB website is a superb reference for all of your general questions or curiosities on curriculum, and other aspects of the program!



This news letter was created by

***Ashley Colstock Horn***

if you have any comments, suggestions, concerns, or would like to promote your club/event feel free to reach out via email : **008293968@coyote.csusb.edu**

# **UNTIL NEXT TIME**

