

**March
2025**

Honors Program

MONTHLY NEWSLETTER

**FOLLOW US ON
INSTAGRAM!**

@csusbhonors

QUOTE OF THE MONTH

**"The mind is not a
vessel to be filled but
a fire to be ignited!"
- Plutarch**



Penny the Pangolin

UHP'S UNOFFICIAL MASCOT

As the first exams are approaching and/or finishing up, it is important to remind yourself on what you're working towards! College is about more than stuffing your head with as much knowledge as possible. It's about igniting your passion! So study what interests you. Earn a degree in a field you can make a living doing what you love. Challenge yourself and find what ignites your soul. While that may seem overwhelming to tackle, even the biggest success starts somewhere small. If you keep working at it little by little every day, you will be there in no time. So do greatness today!

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RESEARCH COMP.

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SBC / PDC Valentines Craft

February Event Recap

March
2025

Ash Goar

***“Queer Embodiment, Immortality,
and Progressivism in The
Priory of the Orange Tree”***

Undergraduate, English Literature
Faculty Mentor: Dr. David Marshall

Luis Trejo

***“Evaluating the Effect of
Nicotine Exposure on Drosophila
Melanogaster, a Model for
Respiratory Diseases”***

Undergraduate, Biology
Faculty Mentor: Dr. Nicole Bourniās-Vardiabasis

Rachel Kanter

***“Moral Injury and Religious and
Spiritual Struggles: Pathways to
Psychological Distress Among
IPSV Survivors”***

Undergraduate, Psychology
Faculty Mentor: Dr. Christina Hassija

Congratulations!

to the Honors Students who were amongst the Awarded Delegates at the CSUSB Research Competition to represent CSUSB at 39th Annual CSU Statewide Research Competition at Cal Poly Humboldt in April.

**March
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Upcoming Events

ALL PAES SCHOLARS

ZOOM MEET-UP

**JOIN US FOR A DISCUSSION
ABOUT STUDY HABITS
WITH BRANDON!**

MAR. 5TH 2025



**MEETING ID:
CHECK PAES EVENT CALENDAR**

12-12:45PM

**March
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Upcoming Events

DE-STRESS & MOVIE DAY!

Let yourself relax and join the University Honors Program at PDC for a fun de-stressing day filled with little activities and movies!

MARCH 11 & 12

 **IW-205**

 **12:00-12:45**



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Upcoming Events

DE-STRESS CORNER

Have free time in-between classes? Stop by the De-stress Corner in the Honors Space at SBC for a fun de-stressing break filled with little fidget toys and coloring!

 **CJ-140**  All Day

MARCH 19

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Upcoming Events

Succulents & Paint

UHP invites **Honors LLC** students to come take a break from studying & let your creativity flow! Join us in painting plant pots for your own little succulent.

March 19



**Coyote Village
MPR**



5:00-7:00pm

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Upcoming Events

Workshop
Alert!



RESUME & CV

Please join us in person to learn vital skills on how craft and refine a competitive resume or CV that best represents who you are and the experiences you have! A super helpful workshop for those prepping to apply to jobs or summer internships. Lead by Prof. Sunny Hyon, a Professional Readiness Faculty Fellow from English.

Open for all Honors Students to attend!
ALL PAES students expected to attend.



CJ - 148



March 27, 2025

12:00-12:45pm

Meeting ID:

864 9554 0588

University Honors Program

In-person attendance is highly encouraged but this event will be hosted on zoom simultaneously for those who can't attend in-person.

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Event Promotion

Honors at Cathedral City's LGBT+ Days!

Dr. Marshall will be joining PDC staff and students at Cathedral City's LGBT+ Days Bed Race. **We need Honors students to join him!**



The **Palm Desert Campus** is joining the fun in Cathedral City on **Sunday, March 9th** for the Bed Race. The Bed Race features four runners who push a creatively-decorated bed down a racecourse with one rider. The event is an opportunity for CSUSB to show off and show support. For Honors students on the San Bernardino campus, **Dr. Marshall will arrange carpooling** so that you can be part of the fun, too!



Scan the QR code to fill out the Interest Form by **March 6th!**



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Research Promotion



Participants Needed!

For Motor Behavior Research

We are investigating how people perceive the body type of other individuals and how these perceptions might be related to their feelings about their own body. Participants will be asked to come to **HP-255** to rate images of models and complete questionnaires pertaining to their body-related emotions.

ELIGIBILITY	COMMITMENT
<ul style="list-style-type: none">• Ages 18-35• Female• Normal or corrected vision• No injuries to the dominant arm/hand• No major psychiatric/neurological conditions	<ul style="list-style-type: none">• 75 - 90 minutes• Flexible around your schedule!• Receive a \$10 Amazon e-gift card upon completion of the study

scan to participate



If interested, please contact Dr. Karlinsky at april.karlinsky@csusb.edu

The study has been approved by the CSUSB IRB # IRB-FY2023-229

If you would like to promote your research in the next UHP Newsletter, reach out to Ashley! Her email on the last page.

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Have questions or concerns about the Honors Program?

If you ever have questions or concerns that you want to get answers from Honors Program Staff, the best way to contact us is by **direct message** through **Canvas** OR via email: **honors@csusb.edu**! We will not always have someone available at the front desk or at the phone who will be able to answer in person.

Visit the Website!

The University Honors Website on the CSUSB website is a superb reference for all of your general questions or curiosities on curriculum, and other aspects of the program!

This news letter was created by

Ashley Colstock Horn

if you have any comments, suggestions, concerns, or would like to promote your club/event feel free to reach out via email :
008293968@coyote.csusb.edu

**UNTIL
NEXT
TIME**