



UNIVERSITY *Honors Program* NEWSLETTER

QUOTE OF THE MONTH

"The moment in between what you once were, and who you are now becoming, is where the dance of life really takes place."
~ Barbara De Angelis



Remember to check with your professors for when your Final Exams are taking place!



Penny the Pangolin
UHP'S UNOFFICIAL MASCOT

As the Fall 2024 Semester comes to an end, the University Honors Program wants to emphasize how important each and every one of you are!

We are proud of all of the hard work you put in this semester and we hope you have a very restful break once the semester ends! The UHP wishes everyone very Happy Holidays!

**FOLLOW US ON
INSTAGRAM!**

@CSUSBHONORS



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2024
December
Edition

Event Recap!



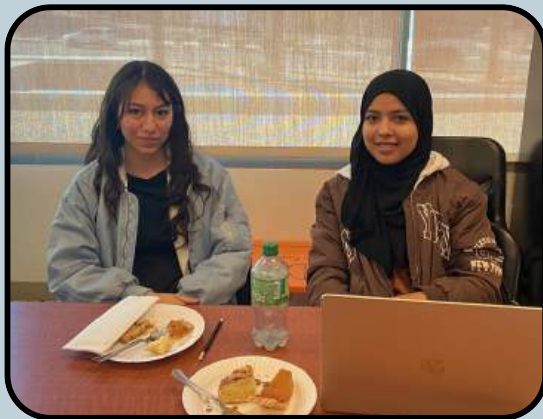
Palm Desert Recruitment Day



SBC De-Stress

2024
December
Edition

Palm Desert Campus



Friends Giving

2024
December
Edition

Thank you



TO ALL THOSE WHO DONATED

Sahaba Initiative
Food & Supplies Drive



FACULTY SPOTLIGHT

Professor De La Torre



Professor De La Torre is new to the Honors esteemed faculty! She is teaching HON 1200 this Fall and plans to teach HON 1300 in the Spring! She genuinely loves getting to see the academic growth and dedication that students have, and seeing friendships form. She believes being in Honors is truly an accomplishment that students can carry throughout their time in CSUSB & even further!

She specializes in student affairs, mental health and psychological services in higher education. She had struggles of her own when navigating higher education and learning about disabilities that come with late diagnosis, therefore, Professor De La Torre takes great pride and responsibility in expanding her research and support to any student! She especially loves to learn.

Professor De La Torre is an avid powerlifter! She deeply enjoys being strong and getting to grind to outdo her own goals! She also loves audio books, crocheting, and playing games in her free time.

"Never be Afraid to ask questions! Find whatever works for you in terms of time management, planning, partying, school work, and try as many things to get your own rhythm. Lastly, ALWAYS allow room for possibilities, new thoughts and ideas, and different perspectives. Just because you don't agree with something doesn't mean you cannot adapt to a learning experience & growing your own knowledge bank!" ~ Professor De La Torre

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STUDENT SPOTLIGHT

Sam Griffin

Sam Griffin is a junior Honors Student! He is majoring in History and aspires to become college professor! His ultimate goal is to get a PhD in History, specifically focusing on Westward expansion of America & how it ties into oppression of minority groups, and publish his own books in the field! He was inspired to get into History and teaching by parents & two sisters, who are all teachers and history fanatics!

Sam is looking forward to the multiple research opportunities in his Upper Div. History courses, specifically Cali. History 3700 with Professor Mark Reynolds. Professor Reynolds helped Sam with his first research proposal to the Student Journal at CSUSB! Recently, Sam got accepted to be a student editor for this award-winning Student Journal, and is super honored and excited to be a part of it!

Sam feels as though Honors has shifted both his experience at CSUSB and in life. He felt that Professor Zarate & Professor Shepherd challenged him in the best way and changed the how he viewed life. He felt that they motivated him to be the best representation of what Honors can be, an all-inclusive, safe, yet challenging place to learn!



----- Fun Fact -----

Sam is obsessed with tattoos & currently has a full sleeve consisting of Greek Mythology and faith-based theology. He has a husky-shepherd mix named Rhea, named after the Greek Goddess, and has a piece of the Greek Goddess tattooed on his arm! Sam Eventually wants to be covered in tattoos that tell a story about who he is and what he's been through!



Upcoming Events

University Honors Program Invites You!

Paper Snowflake Decorating

Join us on the Palm Desert Campus
for some craft-time fun to finish off
the semester by making &
decorating paper snowflakes!

There will be snacks, a movie, and
filled community bonding time!

December 2nd & 3rd

🕒 12:00-12:45

📍 IW-206



Upcoming Events

Ornament Decorating

The University Honors Program invites you to come decorate a wooden ornament to put on the tree in the Honors Space! This is a fun, crafty way to close out the Fall semester and relieve some of the stress that accompanies Finals Week. The craft station will be up all week throughout the day, so you can stop by whenever is best for you!



Dec 2nd-6th



Honors Space



Upcoming Events



The University Honors Program Proudly Presents

Research & Creative Project Symposium

Featuring Our Fall 2024 Graduating Students

Join us as our Senior Honors Student present
their Senior Research & Creative Projects!

December 6th, 2024

Begins at 10:00am

CJ 148



Research Opportunities

VA GENIUS

Growing Excellence in Next-Generation Investigators Undertaking Translational Science



NOW ACCEPTING APPLICATIONS!

This summer internship is hosted by the Veterans Affairs (VA) **Rocky Mountain Mental Illness Research, Education and Clinical Center** and **Eastern Colorado Geriatric Research, Education, and Clinical Center**.

START YOUR CAREER

Trainees will be paired with a VA research mentor to explore their own research question and participate in skill building didactics and workshops. The program lasts 10 weeks (from May 27 to July 31) at the Rocky Mountain Regional VA Medical Center.



GET PAID WORK EXPERIENCE

Trainees will receive a travel and living stipend and housing in scenic Denver, Colorado.



WHO CAN APPLY?

Undergraduate students preparing for research careers. Students from underrepresented populations in U.S. sciences research are encouraged to apply!



LEARN MORE AND APPLY:

<https://www.mirecc.va.gov/visn19/aboutus/genius.asp>



U.S. Department of Veterans Affairs
Veterans Health Administration



One of our very own Honors Students, Samantha Coronado, is starting up a Clinical Samaritans Club! Check it out!

Clinical Samaritans Club

Looking to gain medical experience?
Want to serve underserved communities?
Sign up now and join Our mission to provide medical services to undeserved communities

No Clinical experience needed

Joining the Clinical Samaritans Club offers you an unparalleled chance to gain hands-on experience in both medicine and public service. Through this club, you'll bridge the gap between academic knowledge and real-world application, making a meaningful impact on individuals and communities. Not only will you expand your medical skills, but you'll also contribute to essential outreach efforts that change lives, adding depth and purpose to your learning journey. This is an opportunity to engage in fulfilling work that inspires growth, compassion, and a profound commitment to service.

Work closely with medical providers

Samantha Coronado
008603537@coyote.csusb.edu





HAVE QUESTIONS OR CONCERNS ABOUT THE HONORS PROGRAM?

If you ever have questions or issues that you want to get answers from Honors Program Staff, the best way to contact us is by direct message through Canvas OR via email: honors@csusb.edu! We will not always have someone available at the front desk or at the phone who will be able to answer in person.



VISIT THE WEBSITE!

The University Honors Website on the CSUSB website is a superb reference for all of your general questions or curiosities on curriculum, and other aspects of the program!

Until Next Time

This news letter was created by

Ashley Colstock Horn

if you have any comments, suggestions, concerns, or would like to promote your club/event feel free to reach out via email : 008293968@coyote.csusb.edu

